



BRANDE MOFFATT, MPT
CURRICULUM VITAE

UNIVERSITY STUDIES

- * California State University, Long Beach, 1989-91. Undergraduate studies.
- * California State University, Sacramento, 1991-1994. Bachelors of Science in Physical Education.
- * California State University, Fresno. 1995-1999. Masters Degree in Physical Therapy.

LICENSING

- * Licensed Physical Therapist. #PT 24853. Physical Therapy Board of California. December 1999.

POST-GRADUATE CONTINUING EDUCATION

- * Urinary Incontinence Step-by-Step and Pelvic Dysfunction Through the Lifespan. Physiotherapy Associates. October 2001.
- * Expanding Your Pelvic Floor Practice: Evaluation and Treatment of the Painful Pelvic Floor: Physiotherapy Associates. November 2001.
- * Soft Tissue Mobilization and Manual Techniques for Pelvic Girdle Dysfunction. Women's Health Seminars. November 2002.
 - * Strain and Counterstrain II. Jones Institute. May 2003.
 - * Pregnancy and Postpartum: Clinical Highlights. The Prometheus Group. August 2004.
 - * Instructor Training in Prenatal and Postpartum Exercise. OB-GYN Courses. October 2005.
 - * Fascial-Pelvis Myofascial Release. Myofascial Release Seminars. October 2006.
 - * Reformer Foundations Training I. Powerhouse Pilates Institute. April 2007.
- * Pelvic Floor Function, Dysfunction and Treatment-Level 2A; Colorectal and Coccyx Conditions, Male Pelvic Floor, and Pudendal Nerve Entrapment. The Prometheus Group. May 2007.
- * Mobilization of Visceral Fascia for Treatment of Pelvic Dysfunction; Level I: The Urinary System. Herman & Wallace Pelvic Rehabilitation Institute. November 2007.
 - *Physical Therapy in Obstetrics; Sponsored by the Section on Women's Health of the APTA. January 2008.
 - *Tower Training on the Reformer. Powerhouse Pilates Institute. July 2008.
 - *Integrated Training on the Reformer. Powerhouse Pilates Institute. July 2008.
 - *Mat Level I. Powerhouse Pilates Institute. July 2008.
 - *Level I testing for Transitional Certificate of Achievement in Pelvic Physical Therapy (tCAPP) Program. Section on Women's Health of the APTA. 2007.
 - *Level II testing for Transitional Certificate of Achievement in Pelvic Physical Therapy (tCAPP) Program. Section on Women's Health of the APTA. 2008.
 - *Level III testing for Transitional Certificate of Achievement in Pelvic Physical Therapy (tCAPP) Program. Section on Women's Health of the APTA. 2009.
 - *Myofascial Release I. Myofascial Release Seminars. March 2009.
 - *17th Annual Scientific Meeting on Chronic Pelvic Pain. International Pelvic Pain Society (IPPS). October 2009.
 - *Connective Tissue Manipulation. Pelvic Health and Rehabilitation Institute. October 2009.
 - *De-Mystifying Pudendal Neuralgia As A Source Of Pelvic Pain: A Physical Therapist's Approach. Pelvic Health and Rehabilitation Institute. January 2010.

EMPLOYMENT

- * Brande Moffatt, MPT / Women's Health Physical Therapy. Self-employed. March 2007 – Current.
- * Northern California Rehabilitation Hospital (Formally Guardian Hospital, Ocadian, People's First/Kindred. October 1999 - February 2007.
 - * Northwest Physical Therapy and Wellness. Per Diem. 2004-2006.
- * Canyonwood Skilled Nursing Facility (formally a Vencor and then a Kindred facility). Per Diem. 2000-2006.

PROFESSIONAL MEMBERSHIPS

Women's Health Section of the American Physical Therapy Association
Interstitial Cystitis Network
International Pelvic Pain Society

INDIVIDUAL SHADOWING EXPERIENCES

- Laura Fraser, MPT, Women's and Men's Pelvic Health Specialty.
December 2001.
- Jerome M. Weiss, MD; Pacific Center for Pelvic Pain and Dysfunction.
December 2002.
- Ramona Horton, PT; Visceral Mobilization. Spring 2002.
- Jerry Hall, MD/GYN. Surgical Observation: LAVH, TAH. Spring 2002
- Samuel Van Kirk, MD/GYN. Surgical Observation: LAVH, TOT placement, and TVH. Spring 2007.
- Stephanie Prendergast, PT and Elizabeth Rummer, MSPT. Pelvic Health and Rehabilitation Institute:
Connective Tissue Manipulation and Intra-rectal Techniques for Pudendal Neuralgias. August 2008.