



BRANDE MOFFATT, MPT  
CURRICULUM VITAE

UNIVERSITY STUDIES

- \* California State University, Long Beach, 1989-91. Undergraduate studies.
- \* California State University, Sacramento, 1991-1994. Bachelors of Science in Physical Education.
- \* California State University, Fresno. 1995-1999. Masters Degree in Physical Therapy.

LICENSING

- \* Licensed Physical Therapist. #PT 24853. Physical Therapy Board of California. December 1999.

POST-GRADUATE CONTINUING EDUCATION

- \* Urinary Incontinence Step-by-Step and Pelvic Dysfunction Through the Lifespan. Physiotherapy Associates. October 2001.
- \* Expanding Your Pelvic Floor Practice: Evaluation and Treatment of the Painful Pelvic Floor: Physiotherapy Associates. November 2001.
- \* Soft Tissue Mobilization and Manual Techniques for Pelvic Girdle Dysfunction. Women's Health Seminars. November 2002.
  - \* Strain and Counterstrain II. Jones Institute. May 2003.
  - \* Pregnancy and Postpartum: Clinical Highlights. The Prometheus Group. August 2004.
  - \* Instructor Training in Prenatal and Postpartum Exercise. OB-GYN Courses. October 2005.
  - \* Fascial-Pelvis Myofascial Release. Myofascial Release Seminars. October 2006.
  - \* Reformer Foundations Training I. Powerhouse Pilates Institute. April 2007.
- \* Pelvic Floor Function, Dysfunction and Treatment-Level 2A; Colorectal and Coccyx Conditions, Male Pelvic Floor, and Pudendal Nerve Entrapment. The Prometheus Group. May 2007.
- \* Mobilization of Visceral Fascia for Treatment of Pelvic Dysfunction; Level I: The Urinary System. Herman & Wallace Pelvic Rehabilitation Institute. November 2007.
  - \*Physical Therapy in Obstetrics; Sponsored by the Section on Women's Health of the APTA. January 2008.
    - \*Tower Training on the Reformer. Powerhouse Pilates Institute. July 2008.
    - \*Integrated Training on the Reformer. Powerhouse Pilates Institute. July 2008.
    - \*Mat Level I. Powerhouse Pilates Institute. July 2008.
  - Balance and Vestibular Exercise. California Education Connection. September 2008.
- \*Level I testing for Transitional Certificate of Achievement in Pelvic Physical Therapy (tCAPP) Program. Section on Women's Health of the APTA. 2007.
- \*Level II testing for Transitional Certificate of Achievement in Pelvic Physical Therapy (tCAPP) Program. Section on Women's Health of the APTA. 2008.
- \*Level III testing for Transitional Certificate of Achievement in Pelvic Physical Therapy (tCAPP) Program. Section on Women's Health of the APTA. 2009.
  - \*Myofascial Release I. Myofascial Release Seminars. March 2009.
- \*17th Annual Scientific Meeting on Chronic Pelvic Pain. International Pelvic Pain Society (IPPS). October 2009.
  - \*Connective Tissue Manipulation. Pelvic Health and Rehabilitation Institute. October 2009.
- \*De-Mystifying Pudendal Neuralgia As A Source Of Pelvic Pain: A Physical Therapist's Approach. Pelvic Health and Rehabilitation Institute. January 2010.
  - Focused Myofascial Release Seminar. R&K Harty Seminars/ Richard Harty, PT. June 2010
  - Rhythmic Movement Training --Level One. RMT and ADD/ADHD. April 2011.
  - Rhythmic Movement Training-Level Two. RMT, Emotions, and Inner Leadership. May 2011.
  - California Ethics and Professional Responsibility. Home CEU Connections. August 2011.
- The Hesch Method of Treating Sacroiliac Joint Dysfunction: Integrating the SI, Symphysis Pubis, Pelvis, Hip and Lumbar Spine. Basic and Intermediate Distance Learning Program. Aug.-Oct. 2011.
- 19th Annual Scientific Meeting on Chronic Pelvic Pain. International Pelvic Pain Society (IPPS). October 2011

EMPLOYMENT

- \* Brande Moffatt, MPT / Women's Health Physical Therapy. Self-employed. March 2007 – Current.
- \* Northern California Rehabilitation Hospital (Formally Guardian Hospital, Ocadian, People's First/Kindred. October 1999 - February 2007.
  - \* Northwest Physical Therapy and Wellness. Per Diem. 2004-2006.
- \* Canyonwood Skilled Nursing Facility (formally a Vencor and then a Kindred facility). Per Diem. 2000-2006.

PROFESSIONAL MEMBERSHIPS

Women's Health Section of the American Physical Therapy Association  
Interstitial Cystitis Network  
International Pelvic Pain Society

INDIVIDUAL SHADOWING EXPERIENCES

- Laura Fraser, MPT, Women's and Men's Pelvic Health Specialty. December 2001.
- Jerome M. Weiss, MD; Pacific Center for Pelvic Pain and Dysfunction. December 2002.
  - Ramona Horton, PT; Visceral Mobilization. Spring 2002.
  - Marshall Hall, MD/GYN. Surgical Observation: LAVH, TAH. Spring 2002
  - Samuel Van Kirk, MD/GYN. Surgical Observation: LAVH, TOT placement, and TVH. Spring 2007.
- Stephanie Prendergast, PT and Elizabeth Rummer, MSPT. Pelvic Health and Rehabilitation Institute: Connective Tissue Manipulation and Intra-rectal Techniques for Pudendal Neuralgias. August 2008.